

Work Life Balance - Headteacher

The Governors' Personnel and Finance working committee:

- 1) Directs the headmaster, that when there are sensitive or pressing tasks, to make use of the opportunity to perform the work from home without interruption.
- 2) In the context of teachers' non-contact time, directs the headmaster to ensure that he has a similar amount of personal quality time for independent planning, reading or professional development.
- 3) Supports the headmaster in limiting the amount of after-school meetings, and in taking time-off-in-lieu for personal and family matters.
- 4) Asks the headmaster to think strategically, to be solution rather than problem minded, and to plan to work without constant fire-fighting.
- 5) Encourages the headmaster to feel confident and able to ask for help, advice, support or positive criticism from peers, governors or otherwise during the course of any stressful task.
- 6) Emphasises that there must also be a nominated governor to whom the headmaster can turn in order to discuss matters in full confidence.
- 7) Supports the headmaster in judging and managing risk – trying out something new often pays off.
- 8) Recommends that the headmaster delegates to his staff, both for mundane matters but also to encourage their development.